ABSTRACT
Background Aneurysmal subarachnoid hemorrhage (SAH) with associated intracerebral hemorrhage (ICH) is often treated with concomitant surgical clipping and ICH evacuation. The aim of this study was to determine if aneurysm coiling followed by ICH evacuation is a viable alternative treatment.

Methods A retrospective review was conducted between July 2000 and March 2009 of patients with aneurysmal SAH plus ICH (>30 ml or with midline shift >5 mm) who underwent aneurysm repair (either coiling or clipping) and craniotomy for ICH evacuation. Demographic and radiographic criteria, time to aneurysm protection, length of stay (LOS), treatment complications, discharge disposition and 3 month functional outcome were compared between groups.

Results Of 18 SAH+ICH patients, 10 underwent aneurysm coiling followed by ICH evacuation and eight underwent clipping with ICH evacuation. Compared with clipped patients, coiled patients had a lower Glasgow Coma Scale score (median 5 vs 7.5), higher ICH score (median 3 vs 2), worse modified Fisher score (median 4 vs 3) and higher rate of herniation at presentation (50% vs 25%). Median time to aneurysm protection was shorter in coiled patients (299 vs 885 min, p<0.001). Comparing coiled with clipped patients, rates of death (30% vs 25%), poor outcome (70% vs 50%), median ICU LOS (20 vs 22 days), median hospital LOS (27 vs 29 days) and total median direct costs ($64 537 vs $61 243) were similar, as were complication rates (all p>0.05).

Conclusions Coiling followed by ICH evacuation is associated with faster time to aneurysm protection and similar outcome, LOS and cost as clipping and evacuation. This may be a viable alternative to clipping and ICH evacuation.

INTRODUCTION
The incidence of intracerebral hematoma (ICH) among cases of aneurysmal subarachnoid hemorrhage (SAH) has been reported to be as high as 42–84% based on CT scans and autopsy series. Concomitant SAH and ICH portends a worse prognosis than SAH alone. ICH caused by aneurysm rupture has been associated with 30 day mortality rates as high as 80–100%. Compared with 33–50% mortality rates in SAH overall, large space occupying hematomas have traditionally been evacuated with simultaneous aneurysmal clipping. In 1983, Wheelock et al reported a 75% mortality rate when ICH evacuation was done alone but a 29% mortality when the aneurysm was also clipped. In 1988, Tapaninaho et al reported that 15 of 31 patients died with evacuation and clipping as opposed to 100% mortality with conservative treatment. Based on this literature, combined aneurysm clipping and ICH evacuation has become a mainstay of treatment. Unfortunately, despite aggressive management, inhospital mortality rates remain high at 47–58% in this patient population. Surgical complications such as intraoperative aneurysm rupture related to pressure changes after hematoma evacuation may, in part, explain high mortality rates.

Alternative management strategies that entail aneurysm obliteration with coiling prior to ICH evacuation may limit aneurysm rebleed rates, and lead to fewer intraoperative complications and shorter duration of anesthesia. A recent study of 30 patients who underwent aneurysm coiling followed by ICH evacuation found that 61% had a good recovery (Glasgow Outcome Score (GOS) 4–5) at 18 months.11

We hypothesize that coil embolization of a ruptured aneurysm followed by ICH evacuation is as safe and efficacious as clipping and ICH evacuation in terms of clinical outcome, hospital length of stay and cost. Furthermore, the time to aneurysm repair is hypothesized to shorten with coil embolization followed by hematoma evacuation.

METHODS
Study population A retrospective review of all patients with aneurysmal SAH admitted to the Mount Sinai Medical Center between July 2000 and March 2009 was conducted. Patients with International Classification of Diseases, ninth revision, Clinical Modifications (ICD-9-CM) code 430 were identified in the Mount Sinai Neurosurgery Department physician database. A chart and head CT review was conducted to confirm the diagnosis of aneurysmal SAH in all subjects. Inclusion criteria for analysis were defined as: aneurysmal SAH, aneurysm repair via either clipping or coiling, presence of an ICH ≥30 ml or ICH with midline shift ≥5 mm, and ICH evacuation via craniotomy. Patients who underwent aneurysm coiling followed by ICH evacuation were compared with patients who underwent simultaneous aneurysm clipping and ICH evacuation. Exclusion criteria were: traumatic SAH, SAH secondary to vascular dissection, vasculopathy, arteriovenous malformation or other non-aneurysmal causes, and age <18 years.
The study was approved by the Mount Sinai institutional review board.

Clinical management
All patients received nimodipine every 4 h for 21 days and phenytoin for 7 days for seizure prophylaxis. All patients received 0.9% normal saline at a rate of 1 ml/kg/h to maintain euvolemia. Aminocaproic acid was administered to prevent aneurysm rebleeding in patients who were within 72 h of aneurysm rupture and had no history of stroke, venous thromboembolism, myocardial infarction or hypercoagulable state. Aminocaproic acid was stopped within 1–5 h of angiography to minimize the risk of catheter induced spasm. Potential complications of aminocaproic acid include clot formation, focal ischemic deficits and vasospasm (either spontaneous or catheter induced). Early studies using tranexamic acid to prevent aneurysm re-rupture detected higher rates of infarct if continued through the vasospasm period.2 More recent randomized trials of tranexamic acid limited to the first few days after SAH detected reduced rebleeding rates without significant differences in delayed cerebral ischemia.13 14 An external ventricular drain was placed if the CT scan demonstrated acute hydrocephalus and/or the patient was non-command following or worse, or had a deteriorating neurological examination due to hydrocephalus. Mannitol (20%, 1 g/kg) or 23% hypertonic saline (30 ml) was administered if there was suspected clinical or radiographic signs of herniation and/or elevated intracranial pressure (ICP). Continuous hypertonic saline infusion (2% or 3%) was administered at a rate of 1 mg/kg/h and titrated to maintain a serum sodium of 150–155 mEq/dl or 20% mannitol 0.5 g/kg was administered every 6 h to maintain a serum osmolality of 300–320 mosmol/l if ICP was elevated. Serum sodium and/or osmolality were checked every 6 h to titrate osmotic therapy. Prior to aneurysm repair, systolic blood pressure was maintained below 160 mm Hg with nicardipine or labetolol continuous infusion.

Angiographic management
All patients underwent digital subtraction cerebral angiography under general anesthesia to characterize the aneurysm and assess for potential treatment with primary coil embolization with either Gugliemi detachable coils (Boston Scientific, Massachusetts, USA) or Orbit coils (Codman, Massachusetts, USA). The goal of treatment, whether endovascular or open, was complete aneurysm obliteration. The preferred strategy for treatment of aneurysmal SAH at our institution, including in the setting of ICH, was to coil embolize first, regardless of clinical or radiographic herniation, which was always initially treated with mannitol or hypertonic saline and other conservative measures. Surgical hematoma evacuation with clipping was performed when aneurysm characteristics did not allow for endovascular protection (ie, wide neck, large aneurysm size) and when there were logistical concerns—namely, when the interventionalist was unavailable or there were anticipated delays in the angiography suite.

Surgical management
Patients were brought emergently from the angiography suite following coil embolization or diagnostic angiography to the operating room where all patients underwent an extended petrosectomy. A large curvilinear scalp flap was created followed by a fronto-temporal or fronto-temporal-parietal bone flap removal. The dura was widely incised in a cruciate fashion. Careful hematoma removal was performed where accessible. Surgical obliteration of the aneurysm, if not coiled, was performed with clipping. Partial lobectomy and/or craniectomy was performed based on intraoperative evaluation of brain edema. When significant brain swelling and edema were encountered, the bone flap was marsupialized in the abdominal wall. At the end of each case the dura was loosely reflected onto the brain surface, and dural substitutes or Gelfoam (Pfizer, New York, USA) was placed over it. An epidural drain was placed followed by galeal and scalp closure.

Postoperatively, all patients were managed in the neuro-intensive care unit with frequent neurologic examinations and/or ICP monitoring. All patients who had signs or symptoms of vasospasm were initially treated with hypertensive–hypervolemic therapy followed by angioplasty and/or intraarterial vasodilator injection, if required. Patients who tolerated clamping of an external ventricular drain for >24 h underwent drain removal, otherwise, a ventriculo-peritoneal shunt was placed. After discharge, patients were followed in an outpatient setting by the primary neurosurgeon and interventionalist.

Clinical and radiographic measures
Baseline demographic data including age and gender, and admission radiographic data including modified Fisher score,15 16 ICH score, ICH volume (calculated using the ABC/2 method),17 ICH location, presence of intraventricular hemorrhage, midline shift (measured from the septum pellucidum at the level of the pineal gland) and aneurysm size were recorded. Admission neurological status was evaluated with the Hunt–Hess Scale18 and Glasgow Coma Scale.19 Clinical and radiographic evidence of uncinal herniation was documented. Total anesthesia, angiography and operating room time were assessed using the anesthesia record. The time at presentation was the time the patient was first registered at Mount Sinai Hospital. Transfer times from outside hospitals were not included in these calculations. All angiograms and surgeries occurred at Mount Sinai Hospital. Treatment complications were identified through a chart audit.

Outcome measures
Discharge disposition was dichotomized as poor (expired, discharged to subacute care facility, chronic care facility, hospice or a skilled nursing facility) or good (discharged home, to an acute rehabilitation center, home with a healthcare aide or to an acute care facility). Three month GOS score was dichotomized as poor (expired or severely disabled: GOS 1–3) or good (GOS 4–5). The Mount Sinai Hospital data management services provided information on hospital and ICU length of stay (LOS) and hospitalization costs categorized as: total direct costs, overhead, ICU, surgical and imaging/angiography costs. All cost data were adjusted for inflation to $2009.

Statistical analysis
Demographic and radiographic characteristics, timing of procedures, clinical outcomes, LOS and cost were compared between patients who underwent aneurysm clipping and ICH evacuation and patients who underwent coiling with ICH evacuation using the Mann Whitney U non-parametric test for continuous non-normally distributed variables and the Fisher exact test for dichotomous variables. Logistic regression analysis was performed to determine predictors of dichotomized functional outcomes. All analyses were performed using SPSS V.17. Significance was set at p<0.05.

RESULTS
Between July 2000 and March 2009, 265 aneurysmal SAH patients were admitted to the Mount Sinai Medical Center. Of these SAH patients, 25/265 (9%) had a concomitant ICH. Elevation of intracranial pressure (ICP) was noted in 23 of these 25 patients (92%). The median ICH volume was 21 ml (range 2–150 ml). The median length of stay was 15 days (range 3–110 days). No correlation was observed between the severity of ICH and outcome. The median ICH score was 56 (range 0–190). Mean ICP readings were 17 mm Hg (range 2–102 mm Hg). The median Glasgow Coma Scale score at admission was 10 (range 5–15). The median admission Hunt score was 5 (range 1–7) and the median Fisher score was 4 (range 1–6).

Conclusion
The increased utilization of endovascular techniques and advances in intracranial hypertension management have resulted in increased survival and improved neurologic outcomes in patients with SAH and ICH. The present study emphasizes that continued development in the treatment of this challenging patient population is essential for improved outcomes.
based on CT review. Ten patients underwent coil embolization followed by ICH evacuation between 2002 and 2009 and eight patients underwent simultaneous aneurysm clipping and ICH evacuation between 2002 and 2007. Seven patients underwent aneurysm repair without ICH evacuation. Compared with patients with SAH who underwent ICH evacuation, those who did not undergo ICH evacuation tended to have smaller ICH volume, a lower modified Fisher score and less midline shift.

Table 1 compares the demographic and radiographic characteristics of patients who underwent clipping with ICH evacuation with those who underwent coiling followed by ICH evacuation. Both groups were similar but the coiled patients tended to have lower median Glasgow Coma Scores, higher modified Fisher scores and higher ICH scores. The coiled group was twice as likely to present with clinical signs of herniation at admission compared with the clipped group. The clipped group was more likely to have middle cerebral artery aneurysm rupture although this difference was not statistically significant.

Table 2. Coiled patients achieved aneurysm obliteration a median of 586 min faster than the clipped group (p<0.001) and had a trend toward shorter overall anesthesia time (309 vs 433 min, p=0.091). The total time from presentation until aneurysm repair and ICH evacuation did not differ significantly between the two groups however.

There was one symptomatic procedural complication, which occurred in the coiled group. A patient received aspirin and heparin to prevent thrombus formation on a coil loop projecting into the parent vessel lumen and subsequently had ICH expansion from 23 ml to 50 ml. The patient deteriorated and subsequently expired shortly thereafter. A residual aneurysm was confirmed in one clipped patient and one coiled patient on follow-up digital subtraction angiography. One patient suffered aneurysm rebleed which occurred after coil embolization. None of these procedural complications was significantly more common in the clipped or coiled group.

**DISCUSSION**

Recent SAH management guidelines mention no specific recommendations regarding treatment of ICH and SAH other than that open surgery or combined strategies may be used successfully depending on patient selection. This study demonstrates that aneurysm coiling followed by ICH evacuation may be a viable alternative management strategy compared with concomitant clipping and ICH evacuation in patients with both SAH and ICH. In our small study, we found that aneurysm clipping prior to clot evacuation led to more rapid aneurysm obliteration, without any significant difference in procedural complications, functional outcome, LOS or cost. With a 3–4% risk of rebleeding in the first 24 h after ictus and a 1–2% risk everyday afterward, securing a ruptured aneurysm in a timely

**Symptomatic vasospasm** occurred in 5/8 (63%) clipped patients compared with 7/10 (70%) coiled patients (p=1.00). Infarct on CT or MRI due to delayed cerebral ischemia was diagnosed in 5/8 (63%) clipped patients and 1/10 (10%) coiled patients (p=0.569).

Mortality and functional outcome at discharge and 3 months were also similar between the two groups (table 3). The type of aneurysm repair procedure (clip with ICH evacuation or coil followed by ICH evacuation) did not predict death, discharge disposition or 3 month functional outcome on univariate logistic regression analysis. Due to the small sample size, we were unable to identify any significant predictors of outcome in this cohort (table 4).

Median ICU LOS was 22 (range 5–41) days in the clipped group compared with 20 (range 3–34) days in the coiled group (p=0.573) and median hospital LOS was 29 (range 5–63) days in the clipped group versus 27 (range 3–26) days in the coiled group (p=0.965). Likewise, overall direct costs and categorical breakdowns of cost did not reveal a significant difference between the two groups (table 5).

**Table 3**  Functional outcomes at discharge and 3 months

<table>
<thead>
<tr>
<th></th>
<th>Clip+ ICH evacuation</th>
<th>Coil+ ICH evacuation</th>
<th>p Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mortality</td>
<td>2 (25)</td>
<td>3 (30)</td>
<td>0.617</td>
</tr>
<tr>
<td>Poor discharge disposition</td>
<td>5 (63)</td>
<td>6 (60)</td>
<td>0.647</td>
</tr>
<tr>
<td>Poor 3 month outcome (GOS 1–3)</td>
<td>4 (50)</td>
<td>7 (70)</td>
<td>0.630</td>
</tr>
</tbody>
</table>

GOS, Glasgow Coma Scale; ICH, intracerebral hemorrhage.
Hemorrhagic stroke

### Table 4  Univariate predictors of death, poor discharge disposition and poor 3 month outcome (*n* = 18)

<table>
<thead>
<tr>
<th></th>
<th>Dead (OR (95% CI), p value)</th>
<th>Poor discharge disposition (OR (95% CI), p value)</th>
<th>Poor 3 month outcome (OR (95% CI), p value)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Coil + evacuation versus clip + evacuation</td>
<td>1.3 (0.2 to 10.5), p = 0.814</td>
<td>0.5 (0.1 to 3.8), p = 0.505</td>
<td>−</td>
</tr>
<tr>
<td>Age</td>
<td>1.1 (0.9 to 1.3), p = 0.303</td>
<td>1.1 (1.0 to 1.3), p = 0.061</td>
<td>1.2 (0.9 to 1.3), p = 0.403</td>
</tr>
<tr>
<td>Admission Hunt—Hess grade</td>
<td>0.7 (0.1 to 3.4), p = 0.658</td>
<td>1.5 (0.3 to 6.7), p = 0.614</td>
<td>6.7 (0.4 to 113.4), p = 0.188</td>
</tr>
<tr>
<td>Admission Glasgow Coma Scale</td>
<td>1.0 (0.8 to 1.3), p = 0.912</td>
<td>1.1 (0.9 to 1.4), p = 0.395</td>
<td>0.9 (0.6 to 1.4), p = 0.644</td>
</tr>
<tr>
<td>Herniation at admission</td>
<td>0.8 (0.1 to 10.9), p = 0.852</td>
<td>0.3 (0.0 to 3.0), p = 0.277</td>
<td>−</td>
</tr>
<tr>
<td>Modified Fisher score</td>
<td>1.5 (0.4 to 5.1), p = 0.529</td>
<td>0.7 (0.2 to 2.3), p = 0.605</td>
<td>0.6 (0.1 to 5.7), p = 0.686</td>
</tr>
<tr>
<td>ICH score</td>
<td>0.2 (0.0 to 3.3), p = 0.091</td>
<td>0.6 (0.1 to 3.2), p = 0.576</td>
<td>2.2 (0.1 to 37.4), p = 0.581</td>
</tr>
<tr>
<td>ICH volume</td>
<td>1.0 (0.9 to 1.1), p = 0.485</td>
<td>1.1 (0.9 to 1.3), p = 0.578</td>
<td>1.1 (0.9 to 1.3), p = 0.578</td>
</tr>
<tr>
<td>Preoperative midline shift</td>
<td>1.1 (0.8 to 1.4), p = 0.652</td>
<td>1.0 (0.7 to 1.3), p = 0.928</td>
<td>1.1 (0.5 to 2.5), p = 0.751</td>
</tr>
<tr>
<td>Total time to aneurysm protection</td>
<td>1.0 (1.0 to 1.0), p = 0.879</td>
<td>1.0 (1.0 to 1.0), p = 0.139</td>
<td>1.0 (1.0 to 1.0), p = 0.381</td>
</tr>
<tr>
<td>Total time from presentation until end of OR</td>
<td>1.0 (1.0 to 1.0), p = 0.456</td>
<td>1.0 (1.0 to 1.0), p = 0.607</td>
<td>1.0 (1.0 to 1.0), p = 0.575</td>
</tr>
<tr>
<td>ICU length of stay</td>
<td>0.9 (0.8 to 1.1), p = 0.393</td>
<td>0.9 (0.9 to 1.1), p = 0.480</td>
<td>1.1 (0.9 to 1.4), p = 0.269</td>
</tr>
<tr>
<td>Hospital length of stay</td>
<td>0.9 (0.8 to 1.0), p = 0.124</td>
<td>1.0 (0.9 to 1.0), p = 0.773</td>
<td>1.1 (0.9 to 1.3), p = 0.314</td>
</tr>
</tbody>
</table>

ICH, intracerebral hemorrhage; OR, operating room.

Securing a ruptured aneurysm prior to a craniotomy and ICH evacuation may also have surgical technical advantages. Coiling the aneurysm prior to surgery obviates the need for more significant exposure and brain retraction, which would be necessary for open aneurysm neck clipping. Retraction of already contused or injured brain parenchyma, due to an ICH, can be especially deleterious, as brain retraction can elicit significant edema. Furthermore, brain retraction in aneurysm surgery has been shown to uncouple cerebral blood flow and metabolism leading to ischemia and infarction. Aneurysm coiling prior to ICH evacuation has the additional benefit of virtually eliminating the possibility of intraoperative aneurysm rupture, a profound operative complication that can lead to catastrophic outcomes, including death. In patients with SAH and ICH, Houkin et al found that 12.5% of intraoperative ruptures were due to hematoma removal and 16.7% were due to brain retraction alone.

The strategy of coil embolization followed by surgical ICH evacuation has been reported in two other case series. In a series of nine patients with ICH and SAH, all of whom were Hunt—Hess grade III or IV, 6/9 (67%) had favorable outcomes after 3 months with no mortalities. Another series of 27 patients (primarily World Federation of Neurological Surgeons grade IV or V) reported a 21% mortality rate and 48% favorable outcome rate with a median follow-up of 12 months.

In our study, among coiled patients, the median Hunt—Hess grade was IV, mortality rate was 30% and only 30% had a good outcome (GOS 4–5). The 3 month outcome in the coiled group in our study was worse than that reported in the literature but all of these studies were small and retrospective and outcome data were reconstructed from chart review, making direct comparison difficult. Although not significantly different, the coiled group tended to be sicker than the clipped group, with lower Glasgow Coma Scale scores, higher ICH and modified Fisher scores and more herniation at presentation. Additionally, the coiled group had higher rates of hemicraniectomy than the clipped group (70% vs 38%), implying more significant mass effect from the ICH. The coiled group also had a longer time from presentation to completion of aneurysm protection and ICH evacuation than the clipped group (1146 vs 885 min). Despite a worse baseline neurological status, and longer time to completion of both procedures, the coiled group had similar outcomes to the clipped group. This suggests that coiling followed by ICH evacuation may be a viable alternative to simultaneous aneurysm clipping and ICH evacuation.

---

**Table 5**  Hospitalization costs for patients with aneurysm clipping with intracerebral hemorrhage evacuation compared with coiling followed by intracerebral hemorrhage evacuation (adjusted to $2009)

<table>
<thead>
<tr>
<th></th>
<th>Clip + ICH evacuation</th>
<th>Coin + ICH evacuation</th>
<th>p Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total direct cost</td>
<td>72 792 (15 773–105 428)</td>
<td>71 707 (25 356–104 783)</td>
<td>0.929</td>
</tr>
<tr>
<td>Overhead</td>
<td>26 605 (4904–44 341)</td>
<td>25 141 (8274–46 753)</td>
<td>1.000</td>
</tr>
<tr>
<td>ICU direct cost</td>
<td>28 167 (6860–56 255)</td>
<td>25 732 (8795–39 317)</td>
<td>0.363</td>
</tr>
<tr>
<td>Surgery direct cost</td>
<td>6796 (3927–25 317)</td>
<td>8795 (2543–37 552)</td>
<td>0.633</td>
</tr>
<tr>
<td>Imaging direct cost</td>
<td>6754 (920–36 431)</td>
<td>7871 (2756–27 003)</td>
<td>0.929</td>
</tr>
</tbody>
</table>

Values are median (range). ICH, intracerebral hemorrhage.
Some limitations to this study should be mentioned. Firstly, this is a very small cohort. Given the incidence of SAH and ICH, a multicenter study would be required to more thoroughly compare treatment modalities. Secondly, this is a retrospective study and there may be selection bias in determining which patients underwent clipping versus coiling, although our protocol was to attempt coiling first, if possible. Additionally, 3 month functional outcome data were reconstructed from chart review. Finally, we were unable to collect reliable information regarding the use of aminocaproic acid in the two groups, which may impact the assessment of aneurysmal rebleeding, or osmotic therapy, which may affect herniation rates. An ongoing prospective trial examining coiling versus clipping with ICH evacuation is underway at our institution and may provide further insight into treatment strategies.

In conclusion, in this small, retrospective study, we found that aneurysm clipping followed by ICH evacuation allowed for faster aneurysm protection without a significant difference in complications, outcome, cost or LOS compared with simultaneous clipping and ICH evacuation. Coiling followed by ICH evacuation may be a reasonable treatment option.

Competing interests None.

Ethics approval The study was approved by Mount Sinai Hospital institutional research board.

Contributors JAF and KDLR collected all of the data, performed the statistical analysis and wrote the paper. JBB and AP assisted in data analysis, and reviewed and edited the manuscript.

Provenance and peer review Not commissioned; externally peer reviewed.

REFERENCES

Management of subarachnoid hemorrhage with intracerebral hematoma: clipping and clot evacuation versus coil embolization followed by clot evacuation

Kenneth de los Reyes, Aman Patel, Joshua B Bederson and Jennifer A Frontera

doi: 10.1136/neurintsurg-2011-010204

Updated information and services can be found at:
http://jnis.bmj.com/content/5/2/99

References

These include:

This article cites 35 articles, 4 of which you can access for free at:
http://jnis.bmj.com/content/5/2/99#BIBL

Email alerting service

Receive free email alerts when new articles cite this article. Sign up in the box at the top right corner of the online article.

Topic Collections

Articles on similar topics can be found in the following collections

Editor's choice (66)
Hemorrhagic stroke (312)

Notes

To request permissions go to:
http://group.bmj.com/group/rights-licensing/permissions

To order reprints go to:
http://journals.bmj.com/cgi/reprintform

To subscribe to BMJ go to:
http://group.bmj.com/subscribe/