**SUPPLEMENTARY MATERIAL**

 PRISMA 2009 Flow Diagram

Records identified through database searching  
(PubMed n = 84, Embase n = 82, Cochrane n = 4)

Studies included in quantitative synthesis (meta-analysis)  
(n = 7)

Studies included in qualitative synthesis  
(n = 7)

Full-text articles excluded, with reasons  
(n = 1)

Full-text articles assessed for eligibility  
(n = 8)

Records excluded  
(n = 127)

Records screened  
(n = 135)

Records after duplicates removed  
(n = 135)

Additional records identified through other sources  
(n = 0)

## Identification

## Eligibility

## Included

## Screening