Abstract E-028 Figure 1

Abstract E-028 Figure 2

Conclusion Delayed CNP can develop despite complete endovascular obliteration of the CCF. Long term follow-up is needed even after complete neurological and radiological recovery is attained in the immediate perioperative period.

Disclosures A. Wang: None. M. Alexander: None. P. Meyers: None.

E-029 CLINICAL, ANGIOARCHITECTURAL AND TREATMENT CHARACTERISTICS OF SPINAL DURAL ARTERIOVENOUS FISTULAS VERSUS SPINAL EPIDURAL ARTERIOVENOUS FISTULAS

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Background and Purpose Spinal epidural arteriovenous fistulas (SEDAVs) are an increasingly recognized form of spinal vascular malformation. The aim of this study was to analyze the clinical presentation, imaging findings and treatment outcomes of spinal epidural arteriovenous fistulas in a contemporary single-center series.

Materials and Methods Consecutive patients diagnosed and/or treated for SEAVFs at our institution between January 2000 and November 2018 were included. Data were collected on demographics, clinical presentation, imaging findings and treatment outcomes. All cross-sectional and angiographic imaging were reviewed by a diagnostic and interventional neuroradiologist and endovascular neurosurgeon. All patients underwent at least 3 months of clinical follow-up.

Results Forty-nine patients were included. Median follow-up was 21 months. 29 patients (59.2%) were males and mean age was 63.5 ± 14.8 years. The median time from symptomatic presentation to diagnosis was 12 months. The most common finding on lumbar spine MRI were T2 hyperintense signal in the conus (42 patients, 85.7%), perimedullary flow voids (34 fistulas, 69.4%) and cord enhancement (30 patients, 61.2%). Thirty-eight patients had a spinal MRA and 35 (92.1%) had a pouch of contrast/venous varix in the epidural space. All patients on DSA had a pouch of contrast in the ventral or lateral epidural space at the site of the abnormal fistulous connection (49 lesions, 100.0%). 40 SEAVFs (81.6%) were located in the lumbosacral spine. A total of 40 patients underwent endovascular embolization for treatment of their fistula. One patient suffered a treatment related complication (2.5%). Of the treated patients, 4 patients (10.0%) had residual fistula requiring additional embolization or surgery.

Conclusions SEDAVFs have similar findings to spinal dural arteriovenous fistulas on conventional MRI with high T2 cord signal, cord enhancement and perimedullary flow voids. However, they have a characteristic appearance on spinal MRA and DSA with a large pouch of epidural contrast. Endovascular embolization is safe and effective for treatment of these lesions.

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E-030 ANTIPLATELET THERAPY IS ASSOCIATED WITH BETTER OUTCOMES IN PATIENTS WITH MOYAMOYA DISEASE. A META-ANALYSIS

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Introduction Moyamoya disease causes progressive stenosis of the supraclinoid internal carotid arteries with subsequent development of moyamoya collaterals. The mainstay treatment is surgical revascularization using direct or indirect bypass techniques. The use of antiplatelet agents is advocated to facilitate blood flow, maintain bypass patency, and reduce thrombotic events. We searched published literature to determine the benefits of antiplatelet therapy in this patient population.

Methods We performed a literature search of published papers in the English language using EMBASE, PUBMED, and Web

of Science databases. With the assistance of a librarian, we used various combinations of keywords such as Moyamoya disease, ischemic stroke, hemorrhagic stroke, antiplatelet, and the names of individual antiplatelet agents. Titles and abstracts were screened by the first two authors (MAS and MEE), with a full-text review of relevant papers. Articles were included if they examined the effect of antiplatelet therapy on ischemic or hemorrhagic stroke or survival in patients with moyamoya disease.

Results Out of 132 retrieved studies, we identified five eligible studies published between 2014 and 2019 and included 26,605 patients (9499 on antiplatelet therapy, and 17106 controls) with follow up ranging from post-operative period to 6.3 years. Only one study had a prospective design and two studies were multi-center. Three of the studies included post-bypass patients, and one included only asymptomatic moyamoya disease. The antiplatelet therapy regimens varied across the studies and included ASA, clopidogrel, or cilostazol. Three studies had a control arm that did not receive any antiplatelet therapy. In these studies, the pooled risk for a composite outcome (any ischemic or hemorrhagic stroke, or death) was lower in the antiplatelet group compared to controls (9% vs 11%; relative risk 0.85, 95% CI: 0.79 to 0.92).

Conclusions The use of antiplatelet therapy in patients with moyamoya disease may confer better stroke-free survival. Multicenter prospective studies with a uniform antiplatelet protocol are needed to elucidate the potential benefits of this intervention.

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E-031

DURAL ARTERIOVENOUS FISTULAS WITHOUT CORTICAL VENOUS DRAINAGE: PRESENTATION, TREATMENT AND OUTCOMES

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Background Current evidence suggests that intracranial dural arteriovenous fistulas (dAVFs) lacking cortical venous drainage (CVD) have a benign clinical course. However, there is no large study evaluating the safety/efficacy of current treatments and their impact over the natural history of no-CVD dAVFs.

Methods We conducted an analysis of the retrospectively collected multi-center Consortium for dAVF Outcomes Research (CONDOR) database. Demographics, presenting symptoms, dAVFs' angiographic features and therapeutic intervention/complications data of patients with Borden-Shucart type 1 dAVFs were reviewed. Clinical and radiological follow-up information was assessed to determine rates of new intracranial hemorrhage or non-hemorrhagic neurological deficit (NHND), worsening of venous hyperdynamic symptoms (VHS), angiographic

Abstract E-031 Figure 1 Subgroup Kaplan-Meier survival analysis for treated type I dAVFs that achieved complete angiographic obliteration

recurrence, progression or spontaneous regression of dAVFs over time.

Results A total of 368 patients/Borden-Shucart type I dAVFs were identified. For patients with multiple dAVFs, only the largest one was included in the analysis. Mean age was 57.9 ± 15.6 years, and 60.9% were women. Mean follow-up time was 40.1 ± 45.2 months. The most common location was the transverse/sigmoid sinus (50.3%). Of 240 treated dAVFs, 224 (93.3%) underwent endovascular embolization, 11 (4.9%) radiosurgery alone and 5 (2.1%) open surgery as primary modality. After first embolization, most dAVFs (45.5%) achieved only partial reduction in early venous filling. Multiple complementary interventions increased complete obliteration rates from 37.5% after first embolization to 45.5% after 2 or more embolizations, and 53.8% after complimentary radiosurgery/open surgery. Immediate post-procedural complications occurred in 38 treated dAVFs (15.8%) and 7 with permanent sequelae. Of 129 completely obliterated dAVFs by any therapeutic modality, 3 (2.3%) showed angiographic recurrence/recanalization in a mean time of 10 months after treatment. Progression to Borden-Shucart types II-III was documented in 2.4% and subsequent development of new dAVF in 1.5%. Partial spontaneous regression was found in 24 out of 115 non-treated dAVFs with follow-up available (20.9%). Multivariate Cox regression analysis demonstrated that NHND or severe VHS at presentation and infratentorial location were associated with worse prognosis. Kaplan-Meier curves demonstrated no significant difference for stable/improved symptoms survival probability in treated versus non-treated dAVFs. However, estimated survival times showed better trends for treated dAVFs compared with non-treated dAVFs (179.2 months vs 163 months, Log-rank p-value = 0.12). This difference was statistically significant for treated dAVFs with 100% occlusion compared with partially-occluded dAVFs (173.2 months vs 143.9 months, Log-rank p-value < 0.001).

Conclusion Current therapeutic modalities for management of dAVFs without CVD are safe and may provide better symptom control when complete angiographic occlusion can be achieved.

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