Original research

Absence of pontine perforators in vertebrobasilar dolichoectasia on ultra-high resolution cone-beam computed tomography

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ABSTRACT

Background Vertebrobasilar dolichoectasia (VBDE) is a rare type of non-saccular intracranial aneurysm, with poor natural history and limited effective treatment options. Visualizing neurovascular microanatomy in patients with VBDE has not been previously reported, but may yield insight into the pathology, and provide important information for treatment planning.

Objective To carry out a retrospective analysis of ultra-high resolution cone-beam computed tomography (UHR-CBCT) in patients with fusiform basilar aneurysms, visualizing neurovascular microanatomy of the posterior circulation with a special focus on the pontine perforators.

Methods UHR-CBCT was performed in seven patients (mean age 59 years; two female) with a VBDE, and in 14 control patients with unrelated conditions.

Results The mean maximum diameter of the fusiform vessel segment was 28 mm (range 19–36 mm), and the mean length of the segment was 39 mm (range 15–50 mm). In all patients with VBDE, UHR-CBCT demonstrated an absence of perforating arteries in the fusiform arterial segment and a mean of 3.7 perforators arising from the unaffected vessel segment. The network of interconnected superficial circumferential pontine arteries (brainstem vasocorona) were draping around the aneurysm sac. In controls, a mean of 3.6, 2.5, and 1.2 perforators were demonstrated arising from the distal, mid-, and proximal basilar artery, respectively.

Conclusions The absence of pontine perforators in the fusiform vessel segment of VBDE is counterbalanced by recruitment of collateral flow from pontine perforators arising from the unaffected segment of the basilar artery, as well as collaterals arising from the anterior inferior cerebellar artery/posterior inferior cerebellar artery and superior cerebellar artery. These alternative routes supply the superficial brainstem arteries (brainstem vasocorona) and sustain brainstem viability. Our findings might have implications for further treatment planning.

INTRODUCTION

Vertebrobasilar dolichoectasia (VBDE) is a rare type of intracranial, non-saccular aneurysm, which may become clinically apparent due to compression of the brainstem and cranial nerves, hemorrhagic or ischemic symptoms, and, less frequently, may be diagnosed incidentally. The natural course of the disease is generally poor, with mortality rates of 40% after 7 years follow-up reported in a large meta-analysis including 440 patients.1 In particular, patients presenting with compressive symptoms tend to have an exceedingly poor outcome, with 7/13 (54%) patients dying due to severe compression, and 8/13 (62%) experiencing worsening of the mass effect during follow-up.2

Despite technical advances in the endovascular approach of VBDE remains a challenge, with higher complications rates than with saccular aneurysms. Endovascular reconstruction of the fusiform vessel segment with stent-assisted coiling, stent placement alone, flow diverters, and flow reversal with vertebral artery occlusion have been reported in small case series and case reports.3–5 Ischemic complications due to thrombosis—namely, perforating arteries supplying the brainstem, remain the major concern irrespective of the technique, but their visualization in vivo remains a challenge and has not been previously reported in VBDE.6

Recently, a new generation ultra-high resolution cone-beam computed tomography (UHR-CBCT) has been introduced, enabling visualization of the neurovascular microanatomy in vivo. The main goal of our study was the retrospective analysis of UHR-CBCT in patients with fusiform basilar aneurysms, visualizing neurovascular microanatomy of the posterior circulation, with a special focus on the pontine perforators.

MATERIAL AND METHODS

Institutional review board approval was obtained for this dual-center study. Informed consent was waived owing to the retrospective nature of the study.

All patients with a VBDE, in whom a UHR-CBCT of the posterior circulation between March 2019 and May 2020 was visualized using either the new angiographic system (Artis icono; Siemens, Erlangen, Germany) or between February 2018 and March 2020 using an established angiographic system (AlluraClarity, Philips Healthcare, Best, Netherlands), were included.
Neuroimaging

VBDE was defined using the definitions proposed by Flemming et al and had to meet at least one of the following imaging definitions: (1) fusiform aneurysmal dilatation: 1.5×normal diameter without a definable neck involving a portion of an arterial segment (either vertebral or basilar) with any degree of tortuosity, (2) dolichoectasia: uniform aneurysmal dilatation of the artery >1.5× normal involving either the entire basilar or vertebral artery or both with any degree of tortuosity, or (3) transitional: uniform aneurysmal dilatation of the artery >1.5× normal involving the vertebral or basilar artery, or both with a superimposed dilatation of a portion of the involved arterial segment. Acute dissecting aneurysms in two young adults presenting with an extensive subarachnoid hemorrhage and a normal caliber basilar artery were excluded. Patients in whom a UHR-CBCT was performed due to other indications, mainly angiography performed to evaluate patients with non-aneurysmal or CT angiography (CTA)-negative intracranial hemorrhage, served as controls.

Angiography

Selective intra-arterial digital subtraction angiography was performed under local anesthesia on a biplane, high-resolution angiographic system (Artis icono or AlluraClarity) using Iopamiro 300 (Iopamidol, Bracco, Switzerland) for vessel opacification. The prototype of the Artis icono system was installed in one of the contributing institutions in March 2019 and provides improved and higher spatial resolution using the as40HDR flat-panel detector with a 49 cm diagonal entrance plane and an active imaging size of 398×293 and active matrix size of 2586×1904.

On both systems, digital subtraction angiography images were obtained using a standard program with 2.5 frames per second in the arterial phase, a focal spot size of 0.3 mm, and edge enhancement reconstruction algorithm. A flat-detector zoom format of 32×32 cm in each plane was used.

After puncture of the common femoral artery a 5 French (Fr) sheath (Terumo, Terumo Medical, Tokyo, Japan) was inserted to secure the access. For angiography of the supra-aortic vessels a 5 Fr diagnostic catheter was advanced over a 0.035” hydrophilic guide wire (Terumo). In all patients a four-vessel angiogram was obtained to evaluate the intracranial circulation including anteroposterior (AP), lateral, and spin angiograms.

3D micro DynaCT technique for Artis icono

The diagnostic catheter was placed at the origin of the dominant vertebral artery. The catheter was connected to double-head contrast agent injector (Accluron HP-D, Medtron AG, Saarbrücken, Germany) using a designated Y-pressure line with two check valves (Medtron AG) after having purged all air bubbles with sterile saline solution. In intubated patients, the contrast injection was performed under apnea. Awake patients were instructed to hold their breath immediately prior to initiation of the rotational run to reduce artifacts.

During image acquisition a mixture of non-ionic contrast agent (15 mL) and sterile saline solution (30 mL) was injected with a flow of 3 mL/s (total volume 45 mL, contrast agent concentration 33%, injection time 15 s). The amount of contrast agent was adapted to allow adequate vessel opacification during the entire run and prevent any beam hardening artifacts. Continuous fluoroscopic monitoring at a rate of 1 frame/s was used for contrast appearance in the basilar artery (BA) to trigger the rotational run. On appropriate opacification a dedicated UHR-CBCT run with a scan time of 14 s, focusing on the posterior circulation, was performed. During the run the C-arm rotated around the patient over 200 degrees to create a circumferential run of the region of interest. In each run, 500 images with a resolution of 0.14 mm were obtained. The raw data were then transferred to a dedicated workstation.

3D VasocT for Philips AlluraClarity

A slightly different protocol was used with the Philips angi. To create a circumferential run the C-arm rotates around the patient over 207 degrees in 20.7 s, acquiring 622 images of the region of interest (22 cm field of view). The injector was coupled to the acquisition system, with a fixed 3 s delay. For good vessel opacification during the run (20.7 scan +3 delay) a mixture of non-ionic contrast agent and sterile saline solution (1:3) was injected with a flow of 3 mL/s (total volume 75 mL).

Data reconstruction and analysis

Transversal flat-detector CT reconstructions (arterial mode) were reconstructed at the discretion of the operator. Multplanar reconstructions with a slice thickness of 0.5 mm and maximum intensity projections with section thicknesses between 5 and 10 mm as well as volume rendering reconstructions were sent to the local Picture Archiving and Communicating System (PACS) (R11.4.1, 2009; Philips, Best, Netherlands; Sectra, Linkoping, Sweden; or Coral, Toronto, Canada) and used for perforator analysis.

The clinical information was retrieved from locally maintained databases, and all imaging findings were reviewed by a board-certified neuroradiologist with 9 years of experience (TD) and neuroradiology fellow with 2 years of experience (EBA).

RESULTS

Vertebrobasilar dolichoectasia group

In total, UHR-CBCT was available in seven patients with VBDE. Their mean age was 59.0 years (±6.7), and two patients were female. All patients with VBDE demonstrated severe brainstem compression with a mean minimal AP distance of 8 mm measured on axial images (range 3–12 mm; figures 1A,B and 2A,B). Surrounding T2 hyperintense brainstem edema was noted on MRI in five patients. The mean maximum diameter of the fusiform vessel segment was 28 mm (range 19–36 mm), and the mean length of the segment was 39 mm (range 15–50 mm; table 1). The basilar artery demonstrated an elongated course in all patients. Intramural hematoma was noted in all but one patient (figure 2C). In total, one patient demonstrated a small hyperintense lesion in the brainstem on diffusion weighted imaging, indicating acute ischemia. One patient presented infratentorial superficial siderosis at the 1- year follow-up, indicative of interval hemorrhage.

In all patients with VBDE, UHR-CBCT demonstrated an absence of perforating arteries in the fusiform arterial segment and a mean of 3.7 perforators arising from the unaffected vessel segment. Owing to the mass effect of the aneurysm sac the superficial brainstem arteries were displaced and were draping around the aneurysm.

In one patient the anterior inferior cerebellar artery (AICA) was noted to arise from the fusiform vessel segment, in the remaining patients the AICA territory was supplied by a dominant posterior inferior cerebellar artery (PICA-AICA variant).

Control group

In total, 14 patients with a mean age of 54.5 years (±7.9) in whom a UHR-CBCT was performed due to unrelated indications were included for reference (n=11 CTA-negative intracranial
hemorrhage, n=1 symptomatic basilar artery stenosis; n=1 basilar tip aneurysm, n=1 hemorrhagic dural arteriovenous fistula at the cranio-cervical junction). In controls, a mean of 3.6, 2.5, and 1.2 perforators were demonstrated arising from the distal, mid, and proximal basilar artery, respectively (figure 3). In most of them multiple circumferential pontine arteries coursing along the surface of the pons and small interconnecting branches (‘brainstem vasocorona’) were appreciated.

**DISCUSSION**

The improved spatial resolution available with new-generation angiographic systems incorporating cone-beam CT technology provides valuable insight into the neurovascular microanatomy of the posterior fossa. It demonstrates a complete absence of pontine perforators in the fusiform vessel segment of patients with VBDE. Their absence is counterbalanced by recruitment of collateral flow from pontine perforators arising from the unaffected segment of the BA, as well as collaterals arising from the AICA/PICA and superior cerebellar artery (SCA). These alternative routes supply the superficial brainstem arteries and sustain brainstem viability.

Perforating arteries arising from the BA play a crucial role in the supply of the brainstem, and their compromise may lead to ischemia affecting respiratory and cardiac function, as well as the relay of major motor and sensory functions. Clinico-pathological studies in patients with VBDE have demonstrated circumferential fragmentation of the internal elastic lamina, intimal hyperplasia, and angiogenesis of vasa vasoarum, which may result in repetitive intramural hemorrhages and thrombus formation. According to our results we believe that these destructive vessel wall changes in the fusiform segment progressively lead to obliteration of perforating arteries arising in this vessel segment, and when occurring gradually are balanced by collateral pathways.

In general, pontine perforators are poorly appreciated on standard cross-sectional imaging, including CTA, and conventional 1.5 and 3 Tesla MRA techniques. Recently, compelling results on ultra-high field 7 Tesla MRI have been published, reporting a mean number of 7.14±2.79 perforator arteries arising from the basilar artery. However, ultra-high field MRI is not readily available in clinical routine.

Alternatively, flat-detector CT, first described by Kyriakou et al in 2007, has been used to depict in vivo vascular microanatomy in various intracranial pathologies. The continuing evolution of flat-detector technology has enabled the current rotational angiography systems to provide high acquisition speed coupled with excellent resolution isotropic datasets, and good reconstruction quality. Lescher et al reported that three-dimensional rotation angiography and flat-detector CT reconstructions were superior to 2D digital subtraction angiography in demonstrating anatomic patterns of circumferential arteries and direct pontine perforators. Furthermore, the authors reported that no zone of basilar artery is free from important side branches, which is in line with the findings in our control population. On the other hand, according to our results the absence of perforators arising from the fusiform vessel segment seems to be a characteristic feature in patients with VBDE.

Lasjaunias et al regarded the arterial anatomy of the posterior fossa as a transitional pattern between the ‘simple’ arrangement of the spinal cord and the more ‘complex’ neocortical pattern. During the embryological development, the BA below the trigeminal point is formed by the fusion of the paired longitudinal
Detailed anatomical studies have demonstrated a considerable amount of artery-to-artery anastomoses between the superficial brainstem arteries (‘brainstem vasocorona’), and may be considered the equivalent of the rich arterial network coursing on the surface of the spinal cord known as the arterial vasocorona. As reported by Lindsberg in patients with acute basilar artery occlusion, the PICA is a strong collateral to the AICA and SCA and thus to the brainstem perforating arterioles which may maintain brainstem vitality for significant periods if the clot does not gradually extend to block the perforating arteries.17 Likewise in patients with VBDE the gradual obliteration of perforating arteries at the level of the fusiform vessel segment is probably compensated by a considerable network of anastomoses (‘brainstem vasocorona’), recruiting collaterals arising in the unaffected vessel segments of the basilar artery as well as AICA/PICA and SCA (figure 4). In patients in whom the AICA is incorporated within the fusiform segment, based on our data the thrombotic risks after flow diverter deployment remain unclear. In a large meta-analysis looking at the natural history of VBDE, including 827 patients with 5093 patient-years, the authors reported an overall annual mortality rate of 13%/year (95% CI 8% to 19%). Patients with fusiform aneurysms had a higher mortality rate than those with dolichoectatic aneurysmal dilatation (12 vs 8%, p=0.11). The overall growth rate was 6%/ year (95% CI 4% to 13%), and the overall rupture rate was 3%/year (95% CI 1% to 5%).18 As stated previously, patients presenting with compressive symptoms, in particular, tend to show exceedingly poor outcome. Chen et al reported that a BA diameter ≥5.3 mm was independently associated with increased

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<th>VBDE max. diameter</th>
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All measurements are provided in millimeters (mm). 1=Yes, 0=No.
ICA, internal carotid artery; VBDE, vertebrobasilar dolichoectasia.
stroke recurrence in patients with VBDE on multivariate analysis (HR = 4.744; 95% CI, 1.718 to 13.097; p = 0.003). This is mainly thought to relate to compromise of basilar perforating arteries, either due to thrombus or due to their compression or stretching.

Initially the anatomic aspects and the large number of perforators were believed to preclude neurointerventional treatment of VBDE. However, promising results of endovascular reconstruction of the fusiform segment with flow diverters (FDs) and stent-assisted coiling have been reported in multiple case reports and case series.20–24 Fiorella et al reported treatment of a giant mid-basilar trunk aneurysm with seven serially placed, telescoping FDs with complete occlusion.25 Nevertheless, in a recent meta-analysis the overall complication rate was higher for FDs than with stent-assisted coiling (18% vs 6%), including higher chance for stroke (13% vs 5%, p = 0.04).26 The safety and efficacy of endovascular treatment of patients with VBDE is dependent on the size of the lesion, the patient’s overall clinical condition, and the treatment modality used.

Further development of UHB-CBCT has enabled visualization of the neurovascular microanatomy in vivo unprecedented by previous techniques. It thus leads to a better understanding of the pathology and as such has important implications on therapy. Its implementation into clinical routine in selected pathologies may be helpful. Nevertheless, VBDE continues to be a challenging pathology for endovascular therapy, but based on our results, the risk of compromising perforators in the fusiform segment itself seems to be low. Attention has to be paid to the perforators arising from the adjacent normal proximal and distal basilar artery segments.

The major strength of our study is a meticulous description of a protocol for improved in vivo visualization of microanatomy using UHB-CBCT and presentation of illustrative case examples of patients with a VBDE. The limitation of this study is the small number of patients, its retrospective nature, and its multicenter design.

CONCLUSION
In patients with VBDE the fusiform vessel segment is characterized by the absence of pontine perforators, which is in contrast to controls, in whom no zone of the basilar artery is free of perforators. In patients with VBDE, perforating arteries arising in the unaffected segment of the basilar artery, as well as AICA/PICA, and SCA, supply the network of superficial brainstem arteries which maintain brainstem viability. UHR-CBCT leads to a better understanding of the pathology, and its implementation into clinical routine has important implications and may help to guide further therapies.

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Data availability statement Data are available upon reasonable request. Raw data of all patients included in this study can be made available upon request to the corresponding author and after clearance by the local ethics committee.

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Contributors TD, VMP, PM designed the study concept. TD, EIIP, EBA, PM were responsible for data acquisition, TD, EBA performed image analysis. The lead author (TD) wrote the first draft of the manuscript. All authors were involved in data interpretation and revising the manuscript for intellectual content.

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Competing interests None declared.

Patient consent for publication Not required.

Ethics approval Institutional review board approval was obtained for this dual-center study. Informed consent was waived owing to the retrospective nature of the study.


