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P-023 SPOKE-ADMINISTERED INTRAVENOUS ALTEPLASE AND OUTCOMES FOR LARGE VESSEL OCCLUSION STROKE PATIENTS IN A HUB-AND-SPOKE TELESTROKE MODEL

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Abstract P-023 Figure 1

Introduction The role of intravenous alteplase treatment for emergent large vessel occlusion (ELVO) stroke patients who ultimately undergo endovascular thrombectomy (EVT) has been questioned in recent randomized trials. However, most patients enrolled in these trials presented directly to an EVT-capable hub center (i.e. ‘mothership’ model). We aimed to compare outcomes for ELVO patients transferred to our hub for EVT consideration who were administered alteplase at spoke hospitals (i.e. ‘drip and ship’ model) versus those who were not.

Methods ELVO stroke patients who presented to 25 spoke hospitals from January 1, 2018 to June 30, 2020 were retrospectively identified from a prospectively maintained database. Inclusion criteria were transfer for EVT consideration, spoke hospital CTA-defined ELVO, and spoke hospital Alberta stroke program early CT score (ASPECTS) ≥ 6. ELVO was defined as occlusion of the internal carotid artery terminus, first or second segment of the middle cerebral artery, or basilar artery. Outcomes of interest included adequate reperfusion (TICI 2b-3), any intracerebral hemorrhage (ICH), hub discharge functional independence (modified Rankin scale, mRS 3), and EVT in multivariable models.

Results Inclusion criteria were met for 258 patients. Their median age was 70 years (IQR 60-81), median NIHSS stroke scale (NIHSS) was 13 (6-19), and 50% were female. 38% were treated with alteplase at spoke hospitals, and there were no significant differences in baseline characteristics comparing those treated and those not treated except for last known well-to-telestroke consult time (median 1.6 vs 6.7 hours, p<0.0001). 44% ultimately underwent EVT at the hub with 87% achieving TICI 2b-3. Spoke-administered alteplase was not associated with ICH (OR=1.042, 95%CI=0.390,2.784, p=0.935) and trended toward association with greater TICI 2b-3 (OR=3.589, 95%CI=0.940,13.70, p=0.062). Spoke-administered alteplase independently increased the odds of discharge mRS ≤2 (aOR=2.568, 95%CI=1.159,5.686, p=0.020) and 90-day mRS ≤2 (aOR=3.307, 95%CI=1.591,6.874, p=0.001), even when controlling for last known well, NIHSS, and EVT in multivariable models.

Conclusion In this cohort of 258 patients who first presented to spoke hospitals as potential EVT candidates with CTA-defined ELVO and ASPECTS ≥ 6, treatment with intravenous alteplase at spoke hospitals before transfer significantly increased the odds of discharge and 90-day functional independence without increasing the odds of ICH. Intravenous alteplase should not be withheld from ELVO patients who first present to spoke hospitals capable of its administration but requiring transfer for EVT. Additional studies are warranted to confirm benefits of spoke-administered alteplase in other hub-and-spoke models and to understand the minimum distance and transfer time associated with benefit.


P-024 NATIONAL TRENDS IN ENDOVASCULAR AND SURGICAL TREATMENT OF IDIOPATHIC INTRACRANIAL HYPERTENSION

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Abstract P-024 Figure 1

Introduction/Purpose Patterns in utilization and characteristics of endovascular venous stenting (EVS) for Idiopathic Intracranial Hypertension (IIH) are unknown. We aimed to explore the frequency and characteristics of EVS for IIH in the United States, and to compare with admissions undergoing Optic nerve sheath fenestration (ONF) or Shunting.

Materials and Methods In this retrospective longitudinal cross-sectional analysis, hospitalizations with a diagnosis of IIH were identified in the National Inpatient Sample (2010-2017), excluding venous thrombosis and other causes of intracranial hypertension. Temporal trends in utilization of EVS, ONF, and shunt procedures were explored. Logistic regression was used to measure differences according to age, race, sex, and other patient and hospital-level characteristics.

Results Between 2010 and 2017, 784 EVS, 352 ONF and 11803 shunting procedures were identified for the treatment of IIH. Among those undergoing EVS, median age was 32 (IQR 28-40), 93.1% were women, and 73.5% of EVS procedures were elective admissions. Total IIH-related hospitalizations increased from 11350 in 2010 to 24684 in 2017. Patient age, sex or race were not associated with EVS use, but urban-teaching hospital setting, and larger