

# Endovascular treatment with flow diverters of recanalized and multitreated aneurysms initially treated by endovascular approach

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## ABSTRACT

**Purpose** To evaluate the feasibility, safety and efficacy of endovascular treatment with flow diverters in patients with recanalized and multitreated aneurysms in a retrospective, multicenter, single-arm study.

**Methods** The study included 29 patients with 29 recanalized aneurysms who were treated by flow diverters (Silk or Pipeline devices). Pre- and post-procedural complications and morbidity and mortality rates were evaluated and functional outcomes (modified Rankin Score (mRS)) at 1 month (short-term) and 3–4 months (mid-term) were compared with preoperative mRS (before the procedure). Mid-term angiographic follow-up was performed assessing aneurysmal occlusion by the Montreal scale (complete occlusion, neck remnant, aneurysm remnant).

**Results** Placement of the flow diverters was achieved in all patients. Two misdeployments of the flow diverters necessitated balloon dilation in two patients, which was associated with stent delivery in one patient. Permanent morbidity related to treatment was 6.9% (2/29), transient morbidity was 10.3% (3/29) and there were no deaths resulting from the treatment. One patient died from a myocardial infarct 4 weeks after the procedure. 25/29 patients (86.2%) had a good final functional outcome, 26/29 (89.7%) had an unchanged functional outcome and 2/29 patients (6.9%) had clinical worsening. Angiographic follow-up showed complete occlusion in 17/28 patients (60.7%), neck remnants in 6/28 patients (21.4%) and residual aneurysms in 5/28 (17.9%).

**Conclusions** Flow diverter placement is feasible and safe in patients with recanalized and multitreated aneurysms. The procedure is associated with a high percentage of good functional outcomes as well as good mid-term anatomical results (82.1%).

## INTRODUCTION

Endovascular treatment with coils has become the first-line treatment for intracranial aneurysms (IA) with satisfactory clinical and anatomical results.<sup>1,2</sup> Although endovascular coiling is a less invasive procedure than clipping, reopening occurs in 20.8%, necessitating retreatment in 10% of cases.<sup>3</sup> The potential reasons for aneurysm recurrence or recanalization include coil compaction, aneurysm regrowth and coil migration through the aneurysm wall.<sup>4</sup> The clinical consequence of aneurysm remnants is not clear, but it has been shown that the risk of aneurysmal rebleeding is strongly correlated

with the degree of aneurysmal occlusion after coiling.<sup>5</sup> Several approaches have been proposed to reduce the recanalization rate (eg, modified coils, balloon-assisted coiling, stent-assisted coiling), but their efficacy in preventing aneurysm recanalization has not been clearly demonstrated.<sup>6–8</sup> Indications and modalities of treating aneurysm remnants are not clearly defined and vary considerably in practice. Recanalized aneurysms can be treated by a repeat endovascular approach or clipping.<sup>4,9–11</sup> Since 2007, intracranial flow diverters (FDs) have emerged as a promising technique for the treatment of large, giant or dissecting aneurysms by hemodynamic (modification of intra-aneurysmal flow leading to aneurysm thrombosis) and biologic means (neointimal growth).<sup>12–18</sup> To our knowledge, only a few small studies have evaluated the treatment of aneurysm remnants with FDs.<sup>19</sup> The aim of this study is to report a retrospective multicenter series evaluating the treatment of recanalized and multitreated aneurysms by FDs with regard to feasibility, safety and anatomical results.

## METHODS

### Population

This retrospective study was performed after approval of the local Institutional Review Board. According to the study design, informed consent was waived.

From 2010 to 2012, 29 patients with 29 aneurysm remnants detected during follow-up were treated in five participating hospitals and included in the present series. The study group consisted of 12 men and 17 women ranging in age from 25 to 72 years (mean 51.7 ± 12 years, median 54 years). Therapeutic approaches were discussed between the neurosurgical and neurointerventional teams in a multidisciplinary decision-making process. Retreatment was usually agreed for any aneurysm remnant or remnant growth. Twenty-four patients had previously ruptured IA and four had unruptured IA. One patient initially presented with compressive symptoms (oculomotor palsy) and had aneurysm rupture during digital subtraction angiography (DSA).

Twenty-one patients (72.4%) were treated once before retreatment by flow diversion (recanalized IA) and eight patients (27.6%) were treated twice (multitreated IA). Nineteen of the 21 recanalized IA were treated with coils and two with coils and stenting. All of the eight multitreated IA were



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initially treated with coils, four were retreated with coils alone, three with coils plus stenting and one by stenting alone. Before FD treatment, six of the 29 patients (20.7%) had already been treated with stents. The mean time between the last treatment and FD utilization was  $28.1 \pm 40.9$  months (range 1–180 months, median 14 months).

Nine aneurysms (31.0%) were fusiform or dissecting and 20 (69.0%) were saccular. Fourteen aneurysms (48.3%) were small (<10 mm) and 15 (51.7%) were large or giant (>10 mm). Among the saccular aneurysms the aneurysm size ranged from 2 to 35 mm (mean  $10.4 \pm 5.92$  mm, median 9.4 mm), with neck <4 mm in seven aneurysms and  $\geq 4$  mm in 13 aneurysms. Twenty-one aneurysms were located in the internal carotid artery (ICA), two in the anterior communicating artery (Acom), one in the middle cerebral artery (MCA) and five in the posterior circulation. The characteristics of the patients and aneurysms are summarized in table 1.

In the eight multitreated patients, four aneurysms were located in the anterior circulation and four in the posterior circulation; six were saccular and two were fusiform/dissecting.

Before the procedure, 27 of the 29 subjects (93.1%) had a modified Rankin Scale (mRS) score of 0–2 and two (6.9%) had an initial mRS score of 4 as a consequence of initial subarachnoid hemorrhage.

### Flow diverters

Two FDs, Pipeline and Silk, were used. The Pipeline device (eV3/Covidien, Irvine, California, USA) is a woven wire mesh tube made of platinum (25%) and cobalt–nickel alloy (75%) and the

Silk device (SFD, Balt Extrusion, Montmorency, France) is a braided mesh cylinder composed of 48 nickel–titanium (nitinol) strands.

### Endovascular procedure

Antiplatelet therapy (clopidogrel) was used for all subjects in a dose of 75 mg/day 3–7 days before the procedure. After the procedure the patients were given clopidogrel in the same dose along with 160 mg aspirin for 2–3 months. Aspirin was

maintained for at least 1 year. Evaluation of systemic antiplatelet resistance was not performed.

All patients were treated by senior interventional neuroradiologists with at least 5 years' experience. In all patients the procedure was performed under general anesthesia with periprocedural administration of heparin.

Anteroposterior and lateral views and three-dimensional acquisition were recorded to choose the working projection. Unilateral femoral access was obtained and a 6 Fr catheter was inserted into the parent vessel.

### Periprocedural and delayed complications

Procedural, acute, subacute and delayed complications were assessed during the procedure, within 24 h after the procedure, within a month following the procedure and more than 1 month after the procedure, respectively. Ischemic and hemorrhagic events as well as other complications were listed.

### Short-term and mid-term clinical follow-up

Clinical outcome was graded at 1 month (short-term) by a senior neuroradiologist according to mRS. Short-term mRS was compared with the clinical status before the procedure. Permanent morbidity related to treatment was defined as any increase in mRS due to the procedure in patients with initial mRS >2, or mRS >2 in patients with initial mRS=0, 1 or 2. Transient morbidity related to treatment was defined as any transient worsening of the clinical status. Mid-term mRS was also evaluated at 3 months.

### Imaging follow-up

Mid-term angiographic follow-up was evaluated by the Montreal scale, classifying the degree of aneurysmal occlusion into three groups: complete occlusion (Grade A), residual neck (Grade B) and residual aneurysm (Grade C). Classes 1 and 2 were grouped together as an adequate occlusion group.

Perianeurysmal edema at 3 months was also evaluated on FLAIR sequences for each patient.

## RESULTS

### FD deployment

Among the 29 patients with recanalized aneurysms treated by flow diversion, seven were retreated with the Silk device and 22 with the Pipeline device. FD placement was achieved in all patients with 31 FDs delivered. Two patients were treated with two partially overlapping FDs (Pipeline). In the six patients previously treated with a stent, the FD device was easily placed and deployed within the stent.

Twenty-seven (87.1%) of the 31 FDs placed were correctly deployed, two (6.5%) were underdeployed and two (6.5%) did not completely cover the aneurysm neck. FDs alone were placed in 28 patients. Coils were added in one of the two patients with insufficient coverage of the neck by the FD (patient 18) while, in another patient (patient 23), the FD moved back during the deployment and no coils were added. In the two patients in whom the FD was underdeployed, balloon dilation was required in one patient (patient 13) and placement of a Neuroform stent (Stryker Neurovascular, Kalamazoo, Michigan, USA) to expand the intra-FD stenosis was performed in the other (patient 27).

### Periprocedural and delayed complications

#### Periprocedural complications

Acute and subacute complications were observed in five of the 29 patients (17.2%) (table 2): two (6.9%) thromboembolic events, one (3.4%) hemodynamic complication and two (6.9%)

**Table 1** Characteristics of patients and aneurysms

Gender	
Female/male	17/12
Aneurysm size	
<10 mm	14/29 (48.3%)
>10 mm	15/29 (51.7%)
Aneurysm morphology	
Saccular/fusiform-dissecting	20/29 (69%)/ 9/29 (31%)
Aneurysm location	
ICA	21/29 (72.4%)
ACA/AcomA	2/29 (6.9%)
MCA	1/29 (3.4%)
Posterior	5/29 (17.2%)
Previous treatment	
Coils+stent	6/29 (20.7%)
Coils	23/29 (79.3%)
Number of previous treatments	
1	21/29 (72.4%)
>1	8/29 (27.6%)

ACA, anterior cerebral artery; AcomA, anterior communicating artery; ICA, internal carotid artery; MCA, middle cerebral artery.

**Table 2** Per- and post-procedural complications, mid-term anatomic results and clinical outcome for each patient

FD underdeployment/insufficient coverage of the neck	4/29 (13.8%)
Per procedural complications	None
Acute/subacute complications	5/29 (17.2%)
Initial mRS	
≤2	27/29 (93.1%)
>2	2/29 (6.9%)
1 month mRS	
≤2	24/29 (82.8%)
>2	5/29 (17.2%)
3 months mRS	
≤2	25/29 (86.2%)
>2	4/29 (13.8%)
Montreal scale	
Grade A	17/27 (60.7%)
Grade B	6/27 (21.4%)
Grade C	5/27 (17.9%)

FD, flow diverter; mRS, modified Rankin Score.

hemorrhagic complications. No periprocedural complication occurred in the six patients previously treated with stents.

#### Thromboembolic complications

In one patient with a ruptured MCA aneurysm treated once with coils 13 months earlier (patient 10), an MCA occlusion occurred a few hours after the procedure leading to an acute stroke with right hemiplegia (mRS at 1 month=5). Postoperative evaluation of systemic antiplatelet resistance showed that the patient was resistant to antiaggregant medication. In another patient a ruptured dissecting fusiform vertebral (V4 segment, posterior inferior cerebellar artery (PICA)) aneurysm (patient 8) was initially treated twice with coils at 60 and 53 months before FD placement. The procedure was uneventful but the patient presented with Wallenberg syndrome 1 day after the procedure (mRS at 1 month=2). MRI performed immediately after the procedure showed a small ischemic lesion in the medulla. The TOF sequence showed the PICA to be patent. This ischemic complication was probably due to an occlusion of perforating arteries. Three months after the treatment neurological improvement was observed (mRS=1).

#### Hemodynamic complications

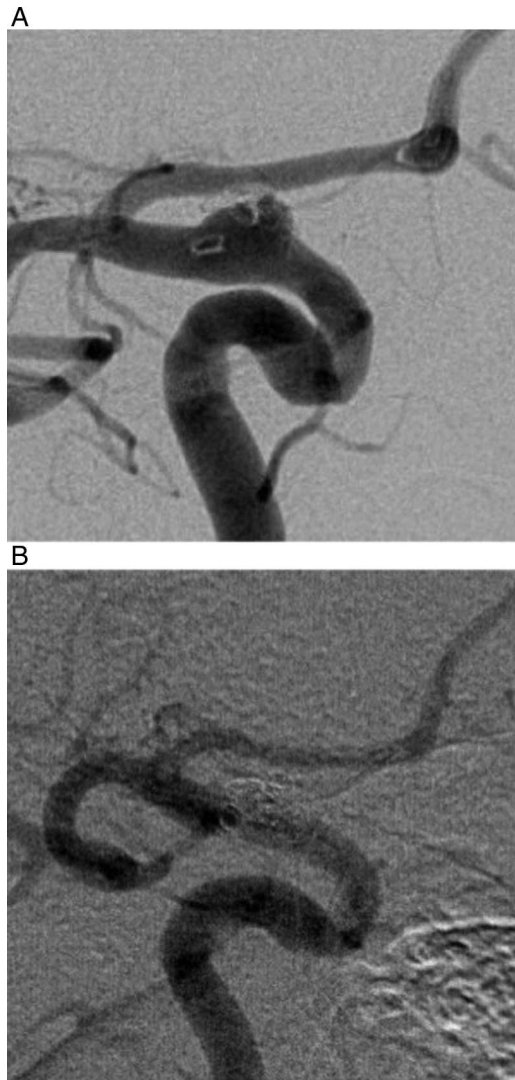
A patient with a ruptured vertebral aneurysm treated once by coiling 18 months earlier (patient 21) presented with a transient cerebral ischemia immediately after the procedure. MRI showed no diffusion abnormality. The neurologic deficit (hemiplegia) spontaneously resolved after a few hours (mRS=0) and was probably due to a hemodynamic mechanism.

#### Hemorrhagic complications

Two hemorrhagic strokes occurred remotely from the treated aneurysm and were ipsilateral. In one case a patient with a right ICA aneurysm was treated 33 months before the flow diversion procedure by coils (patient 19) and retreated 22 months after by a combination of coils and a Neuroform stent. After treatment with the Pipeline device the patient experienced an acute intracranial hemorrhage with a right intracerebral hemorrhage in the frontal lobe. He underwent neurosurgical treatment with



**Figure 1** Left internal carotid artery (ICA) residual aneurysm in a middle-aged patient. (A) Conventional angiography shows a left ICA coiled aneurysm with residual opacification (grade C). Angiographic control 12 months after the flow diverting procedure shows (B) complete aneurysm occlusion (grade A) with (C) no parent artery stenosis.



**Figure 2** Right internal carotid artery (ICA) residual aneurysm previously treated with coils+stent in a middle-aged patient. (A) Conventional angiography shows a right ICA aneurysm treated with coils and stent (grade C). (B) Angiographic control 12 months after the flow diverting procedure shows complete aneurysm occlusion with no parent stenosis.

a craniotomy and, at discharge, had left hemiparesis (mRS at 1 month=4). Three months later, the patient retained a slight spasticity of the left hand (mRS=1).

Another patient with a left ruptured ICA aneurysm was treated twice by coils (patient 20). A left frontal hemorrhagic stroke occurred 3 days after the flow diversion procedure causing a temporary aphasia (mRS at 1 month=2). Three months after the procedure the patient had no sequelae (mRS=0).

#### Delayed complications

No delayed rupture, delayed thrombosis of the parent artery, delayed hemorrhagic complications or death related to the procedure occurred.

One patient died of a myocardial infarct 4 weeks after the procedure. In this case the procedure was performed without complication and the patient was discharged home in his baseline status before the occurrence of the myocardial infarct. Consequently, this event was not considered as a procedure-related complication.

#### Clinical and angiographic follow-up

##### Short-term clinical follow-up

At 1 month 24 of the 29 patients (82.8%) had a good functional outcome (mRS score 0–2) and five (17.2%) had a mRS score of >2. There were no deaths related to the treatment. One patient died 4 weeks after the treatment of myocardial infarction which was unrelated to the treatment. Permanent morbidity related to the treatment was observed in two patients (6.9%) (one of seven patients treated with the Silk FD and one of 22 patients treated with the Pipeline FD), and transient morbidity was observed in three patients (10.3%) (all of whom were treated with the Pipeline FD). Twenty-six of the 29 patients (89.7%) had unchanged or improved clinical status, two (6.9%) had a worsened clinical status and one patient (3.4%) died.

Among the five patients with mRS>2, one (patient 10) had mRS=5 because of a thromboembolic complication (MCA occlusion, preoperative mRS=0), one (patient 19) had mRS=4 because of an hemorrhagic complication (remote hematoma, initial mRS=0), two patients had unchanged mRS=4 as a result of a previous aneurysm rupture and one patient died from a myocardial infarction (see above).

At 3 months, among the four living patients with short-term mRS>2, one (patient 19) had a good functional outcome with complete recovery of his hemiplegia (remote hematoma, mRS at 1 month=4) and three had permanent clinical worsening (thromboembolic complication in one patient and previous subarachnoid hemorrhage in two); 25 of the 29 patients (86.2%) had a final good functional outcome.

##### Mid-term imaging follow-up

All patients had MRI with MR angiography and 27 patients had DSA (one patient refused DSA). The latest DSA control for the patients was obtained at a mean of  $6.1 \pm 4.9$  months (median 5 months, range 3–21 months). DSA controls showed adequate occlusion in 23 of 28 patients (82.1%) with 17 complete occlusions (60.7%), six neck remnants (21.4%) and five residual aneurysms (17.9%) (figures 1, 2). No parent artery stenosis was visualized in any of the subjects. Occlusion of the parent vessel was seen in one patient (clinical worsening, patient 10).

Seven of the eight multitreated patients had mid-term angiographic follow-up (one patient died from a myocardial infarction); six (85.7%) had adequate occlusions (five complete occlusions and one neck remnant) and, in one patient (14.3%), aneurysmal remnant was observed. No perianeurysmal edema was observed on MRI in the 28 patients at 3 months.

#### DISCUSSION

This study shows that the use of flow diversion devices is feasible and useful for the endovascular treatment of aneurysm remnants in selected cases. However, this treatment is associated with a relatively high rate of complications compared with the standard reference treatment, necessitating precise evaluation of the indications for the use of these devices.

Among the studied population, all aneurysms belonged to a relatively high-risk group for recanalization as they were previously ruptured (n=24) and/or large or giant (n=15) and/or with a large neck (n=22). These findings are in concordance with the literature concerning risk factors for the retreatment of an aneurysm. Ries *et al*<sup>11</sup> showed that neck widths >4 mm, diameter >10 mm, the presence of a residual aneurysm after initial treatment and rupture were the principal predictors of aneurysmal recurrence. The clinical significance of remnants is not clearly established; not all remnants need to be treated because the potential risk of bleeding is uncertain and differs

from one case to another, but it is admitted that remnants with a high risk of bleeding (such as aneurysm remnants or evolutive remnants) have to be treated in order to reduce the further risk of rupture.

The feasibility of the treatment was satisfactory (87.1%), even if some underdeployments and insufficient coverage of the aneurysm neck needed additional therapeutic interventions. Aneurysm occlusion was evaluated using the Montreal scale.<sup>20</sup> Since flow diversion treatment is associated with progressive thrombosis of the aneurysm, this classification is probably not entirely appropriate for aneurysms treated with FDs and alternative classifications have been proposed.<sup>21</sup> As all aneurysms included in our series were previously treated with coils, the classification of Kamran *et al* was not really usable as the visibility of the intra-aneurysmal flow was partially hidden by the coil mesh.

At mid-term follow-up, complete occlusion was achieved in 17 of 28 aneurysms (60.7%) and residual aneurysms were observed in five patients (17.9%). These outcomes of aneurysm remnants are in agreement with published data on outcomes of de novo aneurysms. Piano *et al* obtained complete angiographic occlusion in 86% at 6 months, Berge *et al* observed complete occlusion in 84.5% at 1 year, and Becske *et al* obtained complete angiographic occlusion in 81.8%.<sup>18 22 23</sup> In their study of the treatment of recurrent IA with the Pipeline FD, Chalouhi *et al*<sup>19</sup> obtained complete occlusion in 64.3%.

In our study the treatment of recanalized aneurysms was associated with significant permanent morbidity (6.9%) and there were no deaths related to the treatment. In the literature, the permanent morbidity rate is 6.7% for recurrent IA treated with the Pipeline FD, 1–5% for IA treated by flow diversion and 1.33% for residual aneurysms treated endovascularly or surgically (table 3).<sup>4 18 19 23 24–27</sup> Morbidity is slightly higher than with standard coiling treatment for recanalized aneurysms but, because of the complex aneurysms included in our series (large and giant, wide-necked and multitreated), this safety profile is probably acceptable. Evaluation of systemic antiplatelet resistance was not systematically performed in the present series (only in one patient), which may explain the high rate of thromboembolic events. In our study, platelet function testing before the procedure may have identified the poor response of the patient with post-procedural MCA occlusion. The other patient had permanent morbidity due to hemorrhagic complications but he did not undergo testing. Such evaluation is certainly important because both thromboembolic and hemorrhagic complications may be due to a variable response to clopidogrel. Evaluation of the response to antiplatelet treatment could lead to modification of the perioperative medications or treatment strategy, contributing to a decrease in the rate of thromboembolic and hemorrhagic events.<sup>13 28 29</sup> However, no consensus is available about which tests to use and how to use the results.

Hemorrhagic complications were observed in two patients (6.9%), with significant clinical worsening in one (3.4%). In

both cases, hemorrhage occurred early after treatment (1 day and 4 days after the procedure, respectively) and hematomas were remote from the treated aneurysm but on the ipsilateral side. Cruz *et al*<sup>30</sup> analyzed four similar situations of delayed ipsilateral parenchymal hemorrhage and suggested that flow modification induced by the FD placement associated with anti-aggregate therapy could be responsible for such complications. Hu *et al*<sup>31</sup> performed three histopathological examinations of fatal delayed ipsilateral parenchymal hemorrhage and found foreign material around the hemorrhagic cavity. They suggested that hydrophilic material from the catheters could embolize and secondarily bleed. In the Pipeline for Uncoilable or Failed Aneurysms (PUFS) study and in a meta-analysis of FDs, hemorrhagic complications were reported in 1.9% and 3%, respectively.<sup>18 26</sup> No hemorrhagic complication occurred in patients with recanalized aneurysms treated with a standard approach in the study by Dorfer *et al*.<sup>4</sup>

We did not observe any delayed ruptures or cases of perianeurysmal brain edema in our series.<sup>32 33</sup> In 2011 Berge *et al*<sup>34</sup> reported a 41% incidence of perianeurysmal brain edema in aneurysms treated with flow diversion. In our series, as all the treated remnants were previously coiled some months before FD placement, the packing of these coils may contribute to reduce the intra-aneurysmal and perianeurysmal inflammatory reaction after flow diversion. It may also explain why no delayed rupture was observed in our series.

In our study, multitreated IA had a high recurrence rate needing several endovascular treatments. In this group, all aneurysms were initially treated with coils and subsequently with coils alone, stents or coils and stents. In this specific situation, continuing with the same modality of treatment (coiling or coiling and stenting) is not the logical treatment choice and the use of flow diversion is certainly highly recommendable when feasible. In this subgroup, flow diversion was associated with complete and appropriate occlusion in 5/7 and 6/7 patients, respectively.

### Limitations of the study

Our series included a limited number of patients. However, most initial series of flow diversion have also included only a small number of patients. Owing to the retrospective nature of the analysis, our data remain subject to the biases of retrospective review. The anatomical results were evaluated by the treating physician which also introduced bias. Finally, the duration of follow-up was not uniform and was relatively short (<1 year), but no recanalization was observed after complete occlusion in aneurysms treated with flow diversion and aneurysm occlusion was improved 6–12 months after the procedure. As a consequence, angiographic surveillance at 12 months in our study would show a higher occlusion rate. Further studies with long-term angiographic follow-up are needed to assess more precisely the long-term efficacy of this treatment.

**Table 3** Comparison between our results and the literature on the mortality and permanent morbidity rates after FD placement

	Our series	PUFS	Kan <i>et al</i>	Saatci <i>et al</i>	Brinjikji <i>et al</i>	Piano <i>et al</i>	Leung <i>et al</i>
Number of patients/aneurysms	29/29	108/11 108	56/58	191/255	1451/1654	101/104	414/448
Mortality (%)	3.40	3.0	7.1	0.5	4	3	1.50
Permanent morbidity (%)	6.90	9.3	1.6	1.0	5	3	10.30

FD, flow diverter; PUFS, Pipeline for Uncoilable or Failed Aneurysms.

## CONCLUSION

Flow diversion is a potential therapeutic alternative for the treatment of recanalized and multitreasured aneurysms. The higher rate of permanent morbidity compared with standard coiling may be acceptable because of the complexity of the treated patients. Larger studies with long-term follow-up are needed to understand and decrease the rate of complications following the use of flow diversion for the treatment of recanalized and multitreasured aneurysms.

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**Competing interests** None.

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